

HOUSE RULES

The rules and guidelines associated with this program are strictly enforced to maintain a system of accountability, as well as an alcohol and drug-free recovery environment. The rules below provide clear boundaries. Non-compliance may result in eviction and termination from the program.

- 1) All Participants are expected to provide general cleanliness to support the house, complete chores as assigned, maintain their room in a good, clean, orderly condition (which includes the bed being made.) This general cleanliness includes a Participants' use of the bathrooms, showers, toilets, kitchen and other common living areas.
- 2) All Participants must maintain an environment where carpet, floor coverings, blinds and curtains, furnishings, walls, and ceilings are clean and undamaged.
- 3) No resident may remove any property that belongs to 1st Step. This includes, but is not limited to, beds, furnishings, dishware, electronics, televisions, computers, trash cans, wall hangings, etc., or any fixtures associated with the house.
- 4) It is prohibited for Participants to park vehicles on the front lawn.
- 5) Participants will adhere to a 10 p.m. curfew. Exceptions will be approved by 1st Step Supervision Office in collaboration with the Executive Director. It is required that all lights and electronic devices be turned off at 10:30 pm and all participants be in bed unless excepted by 1st Step.
- 6) A mandatory house meeting will be held once a week to discuss house chores assignments, business issues, etc.
- 8) All visitors must be approved by either the 1st Step's Supervision Provider, the Executive Director or Case Manager. Visitation is limited, and Visitation Rules can change with prior approval of the Executive Director. Visitation is limited to Tuesday and Thursday from 5:30 to 9:30 pm. and Sundays from 1 to 9:30 pm. No visitation is allowed without the House manager or other 1st Step Staff persons present to supervise. NO Visitors are allowed after 9:30

pm. Visitation is limited to the common areas of the house, and no visitors are permitted in Participants bedrooms.

- 9) Signing the House Rules gives 1st Step permission to update and communicate with treatment centers, counselors, courts, etc.

VACATING THE HOUSE

A resident may be involuntarily and immediately vacated from the house for any of the following violations:

- 1) Failing a urine test (UA), or refusing to provide a urine specimen within two hours of a request for a (UA) at any time.
- 2) Possession of unauthorized contraband including drugs, alcohol or weapons of any kind.
- 3) Vandalism or destructive behavior toward the house or personal property of others.
- 4) Threatening violence or actual physical assault/violence. Violence or threats of violence will not be tolerated. This includes neighbors.
- 5) Unauthorized departure or absence from the house or unauthorized visitors to the house.
- 6) Smoking in the house. The house is a smoke-free facility.
- 7) Theft of property.

1st Step Male Diversion Program reserves the right to evict Participants at any time for failure to comply with rules and guidelines associated with the house.

ADDITIONAL HOUSE REQUIREMENTS

1. All Participants must maintain active engagement in recovery and all required 1st Step Programs.
2. 1st Step mandates that each house has a "House Manager" who is empowered to support house rules, a strong recovery environment, maintain respectful neighborhood relations, and more.
3. This is a sober living house. It takes every resident working together to maintain a safe, sober recovery environment. Participants must be supportive of each other's recovery.
4. 1st Step reserves the right to revise any part of the House Rules without prior notification.

Approved: _____
Participant Date

_____ Date
House Manager

EX. C